

Health & Care Services for NZ's Ageing Population

Planning for and resourcing the delivery of integrated services to meet future need

29-30 April 2019, Novotel Ellerslie, Auckland



KEY SPEAKERS INCLUDE:

Denise McGregor, Deputy Government Statistician and DCE Insights and Statistics, Statistics New Zealand

Keriana Brooking, Deputy Director General - Health System Improvement and Innovation Ministry of Health

Professor Ngaire Kerse, Head of School of Population Health and Professor of General Practice and Primary Health Care, University of Auckland

Arnold Stroobach, Director - Australia, Buurtzorg International

Michele McCreddie, General Manager, interRAI Services, TAS

Professor Des Gorman, Ministerial Advisor and Associate Dean, Faculty of Medical and Health Sciences, University of Auckland

Andrea McLeod, Chairperson, Home and Community Care Association and GM, Strategic Change - Enliven, Presbyterian Support

Thérèse Jeffs, Chief Executive, The CARE Village

- Explore the latest demographic projections for our ageing population
- Understand the growth of future age-related need and its impact on activity
- Review the resourcing and funding of future health and residential aged care systems
- Hear the latest from the Aged Residential Care Funding Model Review
- Examine the system transformations required to meet future demand
- Share the experiences of innovative, integrated, whole system approaches to older persons health and care services from across New Zealand and the world
- Tackle inequity and eliminate the poor health outcomes of older Māori
- Learn how to deliver practical strategies to combat the Giants of Ageing - Dementia, Frailty, Social Isolation

SUPPORTING ORGANISATIONS

CONFERENZ.CO.NZ/OLDAGEHEALTHCARE



We all know that **the population is ageing**, but **what does that really mean for healthcare services, residential aged care providers** and all those working with older people?

The **Health and Care Services for New Zealand's Ageing Population Conference** has been designed to support you in preparing for the future. **Identifying the key actions** that all parts of the health and aged care systems need to be taking right now in order meet future need.

The conference explores **the transformations required to meet future demand**. Providing practical guidance to help us **achieve world class integrated delivery of health and care** to our ageing population.



DAY ONE

8.30 Registration and coffee

9.00 Opening remarks from the Chair

FORECASTING AND PREPARING FOR FUTURE NEED

9.10 Ministerial address: Preparing our health and care system for the future

9.40 Population ageing and the implications for health and care services

- Demographic trends around ageing at the national and regional level
- Demographic factors: Life expectancy, healthy life expectancy, causes of death and age at death patterns
- Unmet needs and risks – housing, loneliness, isolation
- Scales of change: What might that mean for the health and care sectors?
- Growth and complexity of older populations and changes in rate of population change - a factor for planning

Denise McGregor, Deputy Government Statistician and DCE Insights and Statistics, **Statistics New Zealand**

10.20 Resourcing the future delivery older persons health and care services in New Zealand

- What additional resources are required to meet the projected need?
- Ensuring the Population Based Funding Formula for DHBs remains fit for the future
- Addressing equity in access to care funding
- Creating accountable care systems in New Zealand

David Moore, Managing Director, **Sapere**

10.50 Morning break

11.20 Exploring the future of aged care funding

- Outcomes of the Aged Residential Care Funding Model Review - what are the emerging options?
- Reviewing funding relationships between aged residential care providers and health services – how can incentives be best aligned
- Creating a funding model that provides the incentives for the aged care industry to deliver additional bed capacity

11.50 Preparing aged care and health of older people services for future demand

- Refreshing the strategic direction (Healthy Ageing Strategy 2nd action plan, MSD's work to refresh the Positive Ageing Strategy and Carer's Strategy)
- Highlighting recent research about frailty and the benefit realisation of person-centred care
- Emphasising the importance of multi-disciplinary team approaches
- Showcasing case studies demonstrating strong integration across the system

Keriana Brooking, Deputy Director General - Health System Improvement and Innovation **Ministry of Health**

12.30 Lunch break

1.30 Planning and delivering the future workforce needed for older persons health and care services

- Workforce planning and redesign to cope with growing demand
- Developing systematic, objective methods of reviewing skills, role, linked to service design, ensuring safe, effective and productive patient centred care
- Creating a workforce development plan to deliver the requirements
- Tackling the recruitment crisis in aged care

Professor Des Gorman, Ministerial Advisor and Associate Dean, Faculty of Medical and Health Sciences, **University of Auckland**

DELIVERY OF INTEGRATED SYSTEM REDESIGN

2.10 Achieving system redesign – taking an interdisciplinary, whole system approach to the health of older people's health and care services

- Integrated practice models – bringing together primary, secondary and tertiary care
- Delivering integrated care for multi-morbidly to reduce acute care cost and improve the service user experience
- Improving hospital flow and tackling delayed discharge of older people
- Ensuring effective integration of residential aged care with the hospital and care service

Timothy Kenealy, Associate Professor of Integrated Care, **University of Auckland**

3.10 Afternoon break

3.30 Maintaining older people with complex needs in their homes

- Restorative approaches to working with older people and improving their ability to function independently in their own home and community
- Providing gerontology outreach services – delivering increasing complex treatments in out of hospital and community settings
- Engage ORBIT – delivering multidisciplinary hospital avoidance for older people
- Examining how Enliven services supports the independence of older people living with disabilities

Andrea McLeod, Chairperson, **Home and Community Care Association** and GM, Strategic Change – Enliven, **Presbyterian Support**

Sarah Shanahan, Team Leader - Engage Community Allied Health Service, **Hawkes Bay District Health Board**

- 4.30 Harnessing Big Data in the health of older people**
- Using data and healthcare informatics to improve the care outcomes of older people
 - Realising the power of the New Zealand interRAI data set
 - Utilising predictive analytics to deliver sophisticated anticipatory care
- Michele McCreadie**, General Manager, interRAI Services, **TAS**

- 5.10 Summary remarks from the Chair and networking drinks**

DAY TWO

- 9.00 Opening remarks from the Chair**

- 9.10 Opening keynote: Buurtzorg: A nurse-led model of holistic care that has revolutionised community care in the Netherlands**
- Exploring the Buurtzorg onion model and how it enables and supports self-managing clients
 - Simplifying processes for staff and service users through self-managing teams and well-designed electronic record systems
 - Understanding how the New Zealand delivery model will influence the implementation of a Buurtzorg-inspired model of care
- Arnold Stroobach**, Director – Australia, **Buurtzorg International**

HEALTHY AGEING AND HEALTH EQUITY

- 10.00 Striving to achieve healthy ageing and improve quality of life in older age**
- Refreshing the Positive Ageing strategy
 - Health economics and healthy ageing - analysing the potential impact that achieving effective uptake of a preventative approach could have on future need and costs
 - Improving health literacy – what is the best way to communicate health messages to older people
- Jim Nicolson**, Manager, Healthy Ageing, **Ministry of Health**

- 10.40 Morning break**

- 11.10 Tackling the poor health outcomes of Māori older people**
- Working with indigenous health models
 - Taking a client led approach and working with whānau
 - Building the knowledge base around the services required by kaumaatua
 - Improving healthy equity and long-term-health outcomes by targeting preventative interventions at kaumaatua
- Georgina Martin**, Senior Researcher, **Te Whānau O Waipareira**
- Haze White**, Researcher, **Te Whānau O Waipareira**

FIGHTING THE GIANTS OF AGEING

- 11.50 Practical strategies to prevent falls and reduce frailty - lessons from the National Science Challenge**
- Understanding frailty and why it results in increased risk for health care needs
 - Falls and exercise: Exploring cost effective physical programmes for reversing frailty in pre-frail older people
 - Learning from the National Science Challenge – putting in place actions from the Staying Upright and Eating Well Research
- Professor Ngaire Kerse**, Head of School of Population Health and Professor of General Practice and Primary Health Care, **University of Auckland**

Dr Ruth The, Principal Investigator - Staying Upright and Eating well Research, **National Science Challenge** and Senior Lecturer, **University of Auckland**

- 12.40 Lunch break**

- 1.30 Ensuring that older people receive the compassion, dignity and respect in aged care that they deserve**
- Compassionate care: Going beyond caring for the person
 - Achieving compassionate care - strategies to build resilience and address compassion fatigue in challenging care environments
 - Compassion, cultural competency and relevance
- Valerie Wright-St Clair**, Co-Director AUT Centre for Active Ageing, **Auckland University of Technology**

- 2.10 Dementia is everybody's business – preparing the health and social services sectors to meet projected dementia need**
- Forecasting the scale of the approaching tsunami of dementia - exploring the latest figures and projections
 - Creating and disseminating a shared model of care for dementia
 - Working together to achieve continuous improvement of dementia in all settings
- Dr Matthew Croucher**, Clinical Lead, The South Island Dementia Initiative and Psychiatrist of Old Age, **Canterbury District Health Board**

- 2.50 Afternoon break**

- 3.10 Improving health outcomes and reducing system costs by tackling loneliness and social isolation in older people**
- Understanding the negative impact of loneliness on the health outcomes for older people
 - Community based strategies to tackle isolation
 - Identifying risk factors for reduced social engagement among older people
 - Learning from the National Science Challenge projects to tackle social isolation
- Dr Hamish Jamieson**, Medical Specialist in Health Care of Older People, **Canterbury District Health Board**

- 3.50 Smart technology, augmented intelligence and robotics in aged care settings**
- Utilising technology to enhance the lives of the older people and enable them to maintain independence
 - Harnessing the power of smart home technology to create dementia friendly facilities
 - Analysing the benefits of therapeutic healthbots in aged care settings
- Thérèse Jeffs**, Chief Executive, **The CARE Village**

- 4.30 Chair's closing remarks and end of conference**





This timely and unique new conference provides an **independent, inclusive and multidisciplinary forum**, bringing together a broad audience of **stakeholders from across the older people's health and care systems**.

WHO SHOULD ATTEND:

- Government and policymakers
- DHB executives, planners and funders
- Hospital health of older people managers
- Clinical specialists in health of older people
- Residential aged care services
- General Practice
- PHOs
- Community service providers
- Homecare providers
- Social services
- Local Government
- Dementia services
- Retirement villages

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